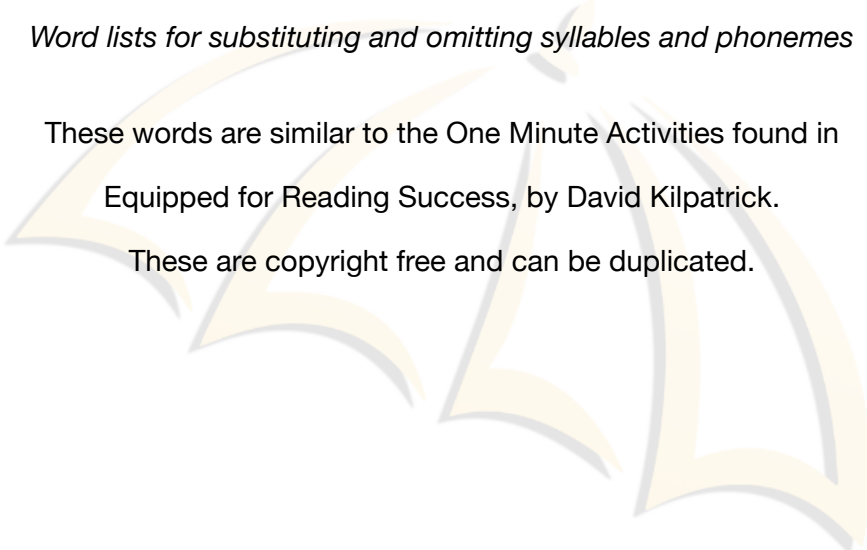


Phonemic Awareness Word Lists

Word lists for substituting and omitting syllables and phonemes

These words are similar to the One Minute Activities found in
Equipped for Reading Success, by David Kilpatrick.

These are copyright free and can be duplicated.



For ease of use, I have organized the Rosner material according to the levels found in Equipped for Reading Success (D, E, F etc). The Rosner material is neither as complete nor as rigorous as Equipped for Reading Success, but it is copyright free and thus can be duplicated and sent home. Therapists will want to be familiar with the Equipped for Reading Success approach in order to use this effectively. I found the Rosner lists hard to correlate to EFRS, so I edited and re-organized them, and am making them available as a public service. The original Rosner material is available on Kilpatrick's website.

Please read the disclaimer by Dr. Kilpatrick below. Kilpatrick's cautionary note about simply sending this material home to parents is worth noting. There are different levels of cueing and support as clients work towards mastery, and parents need to know what to do when a child gets stuck. However, parents who observe me doing EFRS with their child quickly understand how it works. I have also created a [Simple Tools](#) video for parents to explain how to go about these exercises.

The easiest part of each level is when the child is moving from the knowledge stage (they can figure out the answer without manipulative or other cues, but they need extra time) to the automatic stage (they can answer quickly and without effort). You may choose to just have parents work on the levels where their child is moving from the knowledge to the automatic stage.

Denise Stratton
SLP ProAdvisor

This PDF is taken from the Rosner Auditory-Motor Skill Curriculum, an early predecessor of the Equipped for Reading Success (EFRS) program. Because it was developed based on a U.S. Government grant, it became public domain in 1983. . . This means these materials are available for free copying and distribution. This packet was developed to support those who ask about photocopying parts of the One Minute Activities from the EFRS program, which is under copyright and cannot be legally or ethically copied.

There is some reluctance with simply sending these materials home to parents. There are several key concerns. First, parents need to know that these activities are about sounds, not letters. Folks not trained in phonological awareness naturally default to letters. Second, people naturally default to pronouncing consonant sounds with a vowel attached (so b, m, p, t, etc. are pronounced buh, muh, tuh, etc.) This can undermine the effectiveness of these activities. Third, there is no teaching element like there is in the EFRS program. What are parents to do when students get stuck? Fourth, parents may not know how much of these activities to do—too much or not enough? Fifth, parents may not realize that there are really more activities in. This packet than meet the eye, because many of these can be easily reversed and reused. Also related to this, many levels lend themselves to easily creating new items out of any words, especially levels D, E, F, G and H.

So, if this packet is used with parents as follow up to what a teacher or tutor is doing, it will be important for teachers/tutors to communicate these issues with parents to allow these activities to be used effectively.



Level D 1

Say: **(play)ground** Now say **playground**, but don't say **(play)** → **ground**

(play)ground →	ground		(rain)bow →	bow
(cup)cake →	cake		(book) → mark	mark
(bed)room →	room		(sun)shine →	shine
(tooth)brush →	brush		(key)hole →	hole
(base)ball →	ball		(day)light →	light

(out)come →	come		(hill)top →	top
(pig)pen →	pen		(book)mark →	mark
(free)way →	way		(steam)boat →	boat
(head)ache →	ache		(key)ring →	ring
(cat)nip →	nip		(hill)side →	side

Level D 2

Say: **(wind)ow** Now say **window**, but don't say **(wind)** → **ow**

(wind)ow →	ow		(may)be →	be
(pock)et →	et		(un)der →	der
(ba)by →	by		(can)dy →	dy
(be)fore →	fore		(for)get →	get
(o)kay →	kay		(al)most →	most

(pre)tend →	tend		(ca)bin →	bin
(da)ddy →	ddy		(pla)net →	net
(stor)y →	y		(me)tal →	tal
(un)til →	til		(fin)ish →	ish
(a)gain →	gain		(chim)ney →	ney

(dinn)er →	er		(spoo)ky →	ky
(ro)cket →	et		(ca)rrot →	rrot
(a)cross →	cross		(cor)ner →	ner
(sha)dow →	dow		(pic)nic →	nic
(ma)ma →	ma		(Christ)mas →	mas
(ha)ppen →	ppen		(mo)ney →	ney

(hun)ter →	ter		(coun)try →	try
(es)cape →	cape		(moun)tain →	tain
(num)ber →	ber		(fin)ger →	ger
(prac)tice →	tice		(hun)dred →	dred
(af)ter →	ter		(win)ter	ter



Level E with three syllable compound words

Say: **under(stand)** Now say **understand** but don't say **(stand)** → **under**

under(stand) →	under		bumble(bee) →	bumble
honey(moon) →	honey		table(cloth) →	table
photo(graph) →	photo		(pillow)case →	case
finger(nail) →	finger		fisher(man)	fisher
quarter(back) →	quarter		(news)paper →	paper

button(hole) →	button		winter(green) →	winter
(ham)burger →	burger		spider(web) →	spider
(straw)berry →	berry		summer(time) →	summer
ginger(bread) →	ginger		mocking(bird) →	mocking
taxi(cab) →	cab		every(one) →	every

any(one) →	any		(un)happy →	happy
butter(fly) →	butter		lemon(ade) →	lemon
(wall)paper →	paper		(un)tangle →	tangle
forget(ful) →	forget		police(man) →	police
thunder(bolt) →	thunder		upside(down) →	upside

Level E with non-compound three syllable words

Say: **tele(phone)** Now say **telephone** but don't say **(phone)** → **tele**

tele(phone) →	tele		kanga(roo) →	kanga
elephant) →	ele		ani(mal) →	ani
seven(teen) →	seven		(um)brella →	brella
(spa)ghetti →	ghetti		(care)fully →	fully
holi(day) →	day		dyna(mite) →	mite

Hallow(ween) →	hallow		buffa(lo) →	buffa
vita(min) →	vita		(de)liver →	liver
loli(pop) →	loli		(com)pany →	pany
(Sat)urday →	urday		(Oc)tober →	tober
(fam)ily →	ily		(pa)jama →	jama

Level F 1

Say: **bake** Now say **bake** but don't say /b/ → **ake**

(b)ake →	ake		(m)ake →	ake
(f)all →	all		(f)in →	in
(f)an →	an		(m)et →	et
(l)ake →	ake		(b)in →	in
(c)at →	at		(p)ill →	ill

(t)ake →	ake		(t)an →	an
(b)at →	at		(s)ink →	ink
(s)at →	at		(p)in →	in
(w)ill →	ill		(m)ice →	ice
(s)eat →	eat		(m)ad →	add

Level F 2

Say: **lark** Now say **lark** but don't say /ark/ → **l**

l(ark) →	l		p(art) →	p
m(ake) →	m		f(all) →	f
f(in) →	f		f(an) →	f
m(at) →	m		m(ill) →	m
l(ake) →	l		w(all) →	w

b(in) →	b		r(an) →	r
c(at) →	c		p(ill) →	p
t(ake) →	t		c(all) →	c
s(in) →	s		t(an) →	t
b(at) →	b		s(ink) →	s

Level G 1

Say: **hat** Now say **hat**, but instead of /h/ say /k/ → **cat**

(b)ill →	(h)ill		(w)all →	(b)all
(w)ag →	(b)ag		(l)ock →	(s)ock
(n)ag →	(g)ag		(m)an →	(f)an
(d)ock →	(t)ock		(f)an →	(b)an
(b)at →	(p)at		(w)all →	(f)all

(m)are →	(c)are		(m)ilk →	(s)ilk
(c)all →	(t)all		(s)it →	(k)it
(t)ask →	(m)ask		(c)age →	(s)age
(m)ore →	(t)ore		(m)ain →	(c)ane
(m)end →	(t)end		(m)oat →	(c)oat

(g)ate →	(l)ate		(f)old →	(b)old
(n)ear →	(g)ear		(n)ote →	(v)ote
(j)ump →	(p)ump		(h)and →	(l)and
(f)ar →	(b)ar		(n)ice	(r)ice
(h)ash →	(r)ash		(w)eave →	(l)eave

Level G 2

Say: **rag** Now say **rag**, but instead of /ag/ say /at/ → **rat**

rag →	rat		rap →	ran
hit →	him		hip →	hid
pat →	pan		pass →	pad
cake →	case		cane →	cage
cot →	cough		cap →	cab



Level H 1

Say: **black** Now say **black** but don't say /b/ →**lack**

(b)lack →	lack		(d)rain →	rain
(f)lake →	lake		(p)ray →	ray
(s)wing →	wing		(g)rip →	rip
(c)laim →	lame		(b)lank →	lank
(d)raw →	raw		(p)ry →	rye

(g)lade →	laid		(s)tick →	tick
(g)lad →	lad		(t)rack →	rack
(b)read →	red		(c)rash →	rash
(d)rink →	rink		(f)light →	light
(p)late →	late		(s)lid →	lid

(g)round →	round		(t)ry →	rye
(s)lap →	lap		(b)lock →	lock
(f)lume →	loom		(g)rain →	rain
(c)lamp →	lamp		(g)row →	row
(p)lay →	lay		(t)rim →	rim

Level I 1

Say: **arch** Now say **arch** but don't say /ch/ → **are**

ar(ch) →	are		clam(p) →	clam
laun(ch) →	lawn		ar(m) →	are
clas(p) →	class		los(t) →	loss
ban(d) →	ban		cram(p) →	cram
pas(te) →	pace		bar(n) →	bar

cres(t) →	cress		ben(t) →	Ben
gol(d) →	goal		skim(p) →	skim
hum(p) →	hum		war(m) →	war
car(t) →	car		join(t) →	join
boar(d) →	bore		ran(ch) →	ran

fin(d) →	fine		bran(ch) →	bran
fil(m) →	fill		den(t) →	den
win(ce) →	win		four(th) →	four
wil(t) →	will		hal(t) →	hall
wor(k) →	were		ser(ve) →	sir

Level 1 2

Say: **wake** Now say **wake** but don't say /k/ → **way**

wa(ke) →	way		tea(k) →	tea
see(n) →	see		stai(n) →	stay
tri(te) →	try		ri(ce) →	rye
mee(k) →	me		law(n) →	law
trai(n) →	tray		pa(ge) →	pay

lo(be) →	low		no(se) →	no
grou(p) →	grew		si(de) →	sigh
ja(de) →	jay		ho(pe) →	hoe
hea(t) →	he		see(k) →	see
pa(ce) →	pay		kee(p) →	key

plea(d) →	plea		ti(re) →	tie
wai(t) →	way		boa(t) →	bow
coo(p) →	coo		no(te) →	no
li(fe) →	lie		joi(n) →	joy
rai(n) →	ray		soa(p) →	so

Level J

Note a small vowel letter between slash marks refers to the “short” vowel and an uppercase vowel refers to the “long” vowel.

Short vowels: /a/ like *pat*; /e/ like in *pet*; /i/ like in *pit*; /o/ like in *pot*; /u/ like in *putt*

Long vowels: /A/ like in *cake*; /E/ like in *feet*; /I/ like in *ride*; /O/ like in *code*; /U/ like in *flute*

Say: **sit** Now say **sit**, but instead of /i/ say /a/ → **sat**

sit /i/ → /a/	sat		time /I/ → /A/	tame
time /I/ → /E/	team		sip /i/ → /a/	sap
fast /a/ → /i/	fist		feet /E/ → /i/	fit
knee /E/ → /O/	know		red /e/ → /i/	rid
rate /A/ → /O/	wrote		cap /a/ → /u/	cup
hat /a/ → /u/	hut		map /a/ → /o/	mop
beat /E/ → /a/	bat		lamp /a/ → /i/	limp
last /a/ → /i/	list		bake /A/ → /a/	back
ply /I/ → /A/	play		speed /E/ → /e/	sped
top /o/ → /a/	tap		stake /A/ → /i/	stick
flute /U/ → /a/	flat		run /u/ → /a/	ran
black /a/ → /o/	block		brake /A/ → /O/	broke
clock /a/ → /i/	click		crash /a/ → /u/	crush
draft /a/ → /i/	drift		sled /e/ → /i/	slid
track /a/ → /i/	trip		grain /A/ → /O/	groan

Level K 1

Say: **black** Now say **black**, but don't say /l/ → **back**

black - /l/ →	back		clamp - /l/ →	camp
drank - /r/ →	dank		flake - /k/ →	fake
grill - /r/ →	gill		ply - /l/ →	pie
track - /r/ →	tack		swing - /w/ →	wing
blow - /l/ →	low		clean - /l/ →	keen

drawn - /r/ →	dawn		flair - /l/ →	fair
slip - /l/ →	sip		glaze - /l/ →	gaze
pray - /r/ →	pay		trap - /r/ →	tap
blank - /l/ →	bank		clot - /l/ →	cot
drill - /r/ →	dill		frog - /r/ →	fog

glide - /l/ →	guide		plaid - /l/ →	pad
slit - /l/ →	sit		flat - /l/ →	fat
stick - /t/ →	sick		grasp - /r/ →	gasp
spun - /p/ →	sun		smell - /m/ →	mell
bloat - /l/ →	boat		crook - /r/ →	cook

Level K 2

Say: **skip** Now say **skip** but instead of /k/ say /l/ → **slip**

s kip →	sl i p		g lass →	gl a ss
sl i p →	sn i p		sl a sh →	sm a sh
sl o w →	sn o w		st i ck →	sl i ck
sw e ll →	sm e ll		bl e ed →	br e ed
bl i ght →	br i ght		br o om →	bl o om

sw i ng →	st i ng		pr a y →	pl a y
pl a nk →	pr a nk		gl o w →	gr o w
gl a nd →	gr a nd		fr y er →	fl y er
fr e e →	fl e e		fl a me →	fr a me
cr a sh →	cl a sh		sl i p →	sk i p

Level L 1

Say: **toss** Now say **toss** but instead of /s/ say /m/ → **Tom**

toss /s/ → /m/	Tom		Tom /m/ → /t/	tot
boss /s/ → /t/	bought		bait /t/ → /s/	base
beam /m/ → /t/	beat		lace /s/ → /t/	late
lame /m/ → /s/	lace		rack /k/ → /t/	rat
rack /k/ → /m/	ram		gate /t/ → /m/	game

mate /t/ → /k/	make		mite /t/ → /s/	mice
bake /k/ → /s/	base		seat /t/ → /k/	seek
prime /m/ → /s/	price		late /t/ → /m/	lame
bite. /t/ → /k/	bike		fake /k/ → /s/	face
base /s/ → /k/	bake		leak /k/ → /s/	lease

flame /m/ → /k/	flake		well /l/ → /t/	wet
cash /sh/ → /n/	can		cuff /f/ → /b/	cub
hope /p/ → /z/	hose		gain /n/ → /z/	gaze
hide /d/ → /r/	hire		loaf /f/ → /d/	load
stage /j/ → /t/	state		pan /n/ → /s/	pass

Level M 1Say: **soft** Now say **soft** without /f/ → **sought**

be(n)d →	bed		du(s)k →	duck
li(f)t →	lit		ca(m)p →	cap
e(n)d →	Ed		ne(s)t →	net
fa(s)t →	fat		pu(m)p →	pup
ha(n)d →	had		ra(f)t →	rat

we(s)t →	wet		ca(s)t →	cat
sa(n)d →	sad		de(n)t →	den
hi(n)t →	hit		fi(s)t →	fit
boa(s)t →	boat		ski(m)p	skip
si(f)t →	sit		pe(s)t	pet

cla(m)p →	clap		ha(s)te →	hate
gho(s)t →	goat		ea(s)t →	eat
co(s)t →	cot		hu(n)t →	hut
ra(n)t →	rat		de(n)t →	debt
de(s)k →	deck		ri(n)d →	ride

Level M 2

Say: **clamp** Now say **clamp**, but instead of /m/ say /s/ → **clasp**

clamp /m/ → /s/	clasp		crest /s/ → /p/	crept
lint /n/ → /s/	list		ramp /m/ → /s/	rasp
west /s/ → /p/	wept		list /s/ → /f/	lift
lisp /s/ → /m/	limp		graft /f/ → /n/	grant
vest /s/ → /n/	vent		shift /f/ → /p/	shipped

mint /n/ → /ks/	mixed		tent /n/ → /s/	test
tapped /p/ → /k/	tacked		burst /s/ → /n/	burnt
roost /s/ → /f/	roofed		sift /f/ → /p/	sipped
sent /n/ → /k/	sect		tusk /s/ → /f/	toughed
rent /n/ → /k/	wrecked		wrist /s/ → /p/	ripped